

THE COST OF THE SEASON

The Training program will cost \$1,100two installment payments of \$550.00. This is a great way to get your daughter started in the sport of volleyball. In addition, it prepares the player for the grade school, high school, and club level. The training team is a part of the San Gabriel Elite Volleyball Club. The season will run from December to May 2008. Registration, small uniform package, four (4) SCVA tournaments, practices, and gym rental are all included.

THE COACHES

The coaches who will run the Training Teams are some of our top coaches from our non-travel and travel programs. They are dedicated in helping improving player skills as well as taking the San Gabriel Valley's volleyball to an elite level. All of our coaches include ex-collegiate players, current collegiate players, present and past collegiate coaches, and high school coaches. There are numerous coaches who have won league titles as well as CIF titles.



Our proud Sponsor:



SAN GABRIEL ELITE VOLLEYBALL

CONTINUING THE
TRADITION OF
EXCELLENCE



SAN GABRIEL ELITE TRAINING TEAM PROGRAM

San Gabriel Elite
Volleyball

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TECHNICAL TRAINING

The San Gabriel Skills Training Teams were created to encourage beginners to jump-start their volleyball careers and strengthen the core foundation for intermediate players. The Training Teams are for beginner and intermediate players who are determined to get to the next level. The program's foundation is to teach basic skills, reinforce solid technique, learn teamwork, and have fun! The grade levels will be 3rd to 8th. (9th grade team depending on interest.)

THE SAN GABRIEL ELITE ORGANIZATION:

The San Gabriel Elite was created in July, 2007 to continue the tradition of the San Gabriel Volleyball Club. As the elite club of the San Gabriel Valley, we will train the best athletes of the area.



2008 RECAP

It was a great 2008 season for the SG Elite, our 12Roshambo finished in the top 10 of the SCVA, 13Roshambo was the third best 13U team in the SCVA, 15Roshambo was the 3rd best team in the SCVA, the 16Roshambo finished in the top 15 and 17Roshambo finished as the third best 17s team in SCVA. We look forward to another great 2009 season!

THE COACHING PASSION

Our coaches are strictly volunteers. One of our objectives is to allow as many families to participate in the sport of volleyball. Many of our coaches have experienced success at the junior high, high school, junior college, collegiate and club levels. The total number of years experience surpasses 200!

MORE ABOUT TRAINING TEAM PROGRAM

The Training Teams will have one coach for the season. The purpose of the program is to teach, train, and help foster a passion for the game. There may be an occasional change in teams to accommodate differences of skill level.

Various skills will be taught and reinforced throughout the season. Passing, defense, hitting, setting, blocking, transition, and team drills will be covered.

The clinics will start from 6:45-9:00pm on Fridays*. The teams will compete in

four (4) SCVA mandatory tournaments. The Training team program is held at San Gabriel High School or Pasadena High School.

Each team member is a part of the San Gabriel Elite family. Please visit our website for the proper paperwork to fill out in order to reserve your spot. The teams will be limited to only ten players per group.

Join the San Gabriel ELITE family today! It is a first come, first serve basis.

*There may be training nights other than Friday and times may vary.

If you have any questions, please call
(626) 209-1421